

# NPO Gratitude Journal

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By Bill Young from [BillYoungInspires.com](http://BillYoungInspires.com)

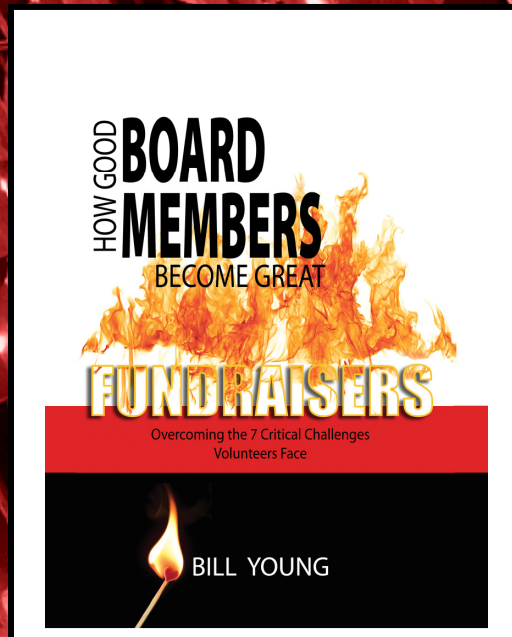
2010

New ways to change your mental scripts

→ Think differently about money, invites, networking, and growth

You need a new strategy

→ Self talk and reinforcement tools



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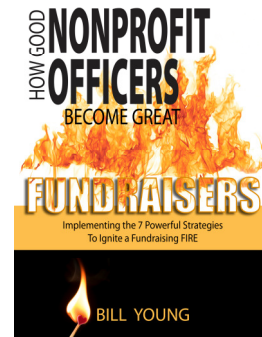
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## Other Books, Webinars, and Tools

How Good Board Members Become Great Fundraisers,  
Overcoming the 7 Critical Challenges that Volunteers Face

How Good Nonprofit Officers Become Great Fundraisers,  
Implementing the 7 Power Strategies to Igniting A Blazing  
Fundraising Fire

Visit [howgoodbecomegreat.com](http://howgoodbecomegreat.com) for more information on webinars, trainings, and Our Fundraising Fire Academy: 8 Week, Hands-on course for Nonprofit executives, development officers, and internal staff



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## Directions:

This form is perfect for working on mental scripts that are currently hampering your fundraising efforts. You might have one statement that you write down each day or 3, 5, 10 statements. The quantity of gratitude statements is up to you as well as when you write them. You can focus on just your NPO activities or incorporate both your personal and professional thoughts. Your creativity will expand as you use the tool more, evolving into statements like:

Example:

Today I am grateful for the time with my family and the presence that God plays in my life. I'm appreciative of my co-workers and clients and feel fortunate that I can sign on a new sponsor today

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**Board Member & Volunteer  
Gratitude Journal**

Weekly Form



[www.billyounginspires.com](http://www.billyounginspires.com)

**Week Of:**

**My Personal Fundraising Goal This Year =** \$

**Date:** 2010

**When it comes to Fundraising I'm thankful for or I appreciate my life because:**  
\_\_\_\_\_  
\_\_\_\_\_

**Date:** 2010

**When it comes to Fundraising I'm thankful for or I appreciate my life because:**  
\_\_\_\_\_  
\_\_\_\_\_

**Date:** 2010

**When it comes to Fundraising I'm thankful for or I appreciate my life because:**  
\_\_\_\_\_  
\_\_\_\_\_

**Date:** 2010

**When it comes to Fundraising I'm thankful for or I appreciate my life because:**  
\_\_\_\_\_  
\_\_\_\_\_

**Date:** 2010

**When it comes to Fundraising I'm thankful for or I appreciate my life because:**  
\_\_\_\_\_  
\_\_\_\_\_

## About the Author

Bill has made his mark as an entrepreneur and civic leader. As an entrepreneur, he has raised millions of dollars for companies in his capacity as Board member and owner. As a civic leader, he has raised millions of dollars for children's organizations throughout the Denver area. The Denver Business Journal named Bill to its prestigious Forty Under 40 list and recognized one of his company's (XploreNet) as the sixth Fastest Growing Privately Held Company in Colorado.

### **"An entrepreneur seeks out great ideas ... and may be a bit crazy"**

An entrepreneur, says Bill, must believe so completely in an idea that you'll work around the clock to bring it to fruition. An entrepreneur looks for great ideas or people with great talent, then finds ways to provide the vision, processes, and money to achieve success.

Bill believes such great ideas can positively impact our lives, and that's why he works so hard to bring them to market. Although he readily admits some might call this crazy, he calls it satisfying.

You can reach Bill at 720.221.9214 or [info@billyounginspires.com](mailto:info@billyounginspires.com)

## More Information

For the latest information about our product and services, please see the following resources:

### **Reference websites**

<http://www.BillYoungInspires.com>

<http://www.HowGoodBecomeGreat.com>

### **Articles**

"In the Board Room," *Denver Business Journal* 03/05/10

